



# June 2012

# Programs & Events

## James City County Parks and Recreation

### Special Events

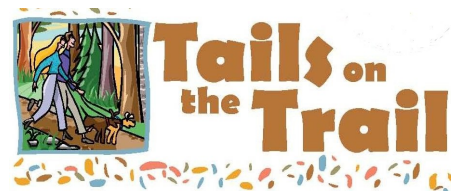
#### Tails on the Trail

Saturday, June 2, 9 a.m.- 1 p.m. (registration begins at 8:30 a.m.)

Freedom Park

\$20 per passport

Celebrate National Trails Day with your furry friend! Purchase your *Passport to the Parks* and receive your first stamp by walking the trail at Freedom Park on June 2 - enjoy water stations, local pet-friendly vendors and treat bags for the dogs. Then, throughout the summer, complete each self-guided trail walk to receive additional passport stamps. Complete your passport and receive free admission to the *Drool in the Pool* event at Chickahominy Riverfront Park in September. Owners and their pets who complete this summer adventure will receive a T-shirt and be eligible for other prizes in September. For details, visit [heritagehumanesociety.org](http://heritagehumanesociety.org). Offered in partnership with the Heritage Humane Society; all proceeds benefit the Society.



#### Movies under the Stars (all ages), **FREE!**

Friday, June 8, 8:30 p.m.

Upper County Park

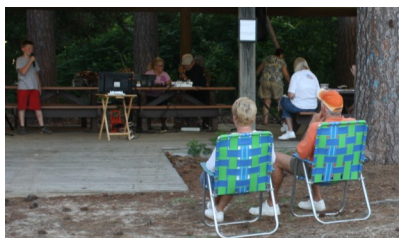
Enjoy some of the biggest family movies of 2011 and 2012! Bring lawn chairs, blankets and snacks. Children age 12 and younger must be accompanied by an adult. Feature: **Rio**, *subject to change*.

#### Karaoke in the Park (all ages), **FREE!**

Saturday, June 16, 7-10 p.m.

Freedom Park

Sing the night away! Children age 12 and younger must be accompanied by an adult.



#### Fun Night for Season Passholders

Saturday, June 23, 6:30-8:30 p.m.

FREE for pool passholders

Upper County Park Pool

This exclusive event for our season pool passholders features games, prizes and free hotdogs!

#### The Great Park Pursuit! (all ages), **FREE!**

Discover your County parks in this self-guided program! You'll be challenged to visit at least nine parks over the course of a year. Register to receive an activity log and water bottle and to be eligible for quarterly drawings including the grand prize drawing in September! More information and the activity log can be found at [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) or at the Centers and Satellite Services in Toano. 809510-A

**Outdoor Events:** In the event of inclement weather, please call the Activities Hotline at 757-259-3232.

## REC Connect Summer Camp

Register now for summer camp, open to ages 5-14 (must have completed kindergarten). Camp runs Monday-Friday, June 18 – Aug. 24, 7 a.m.-6 p.m., at five elementary schools and one middle school. Fee information and registration forms are available at [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) and at the James City County Recreation Center, the James River Community Center, Freedom Park and Satellite Services in Toano. Registrations accepted on a space available basis. Info Line: 757-259-3170. Discounts are available to qualified James City County and Williamsburg residents based on total household gross income, visit [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) or call 757-259-5414 for details.



## Inclusion

### Days of Discovery Camp (ages 5-21 with disabilities)

Register by June 1 to guarantee placement in this exciting summer camp experience that provides fun and structured activities for participants with disabilities. Camp runs Monday-Thursday, June 26 –Aug. 8 (programs begins on a Tuesday; concludes on a Wednesday), noon-4:30 p.m. (after summer school dismissal) at Norge Elementary School. Sign up for single or multiple weeks. \$45-\$65/weekly. Parents are responsible for daily pickup of their child. Registration forms available at the James City County Recreation Center, the James River Community Center, Freedom Park and the Satellite Services Office in Toano and online at [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation). Info: 757-259-5354.

### Therapeutic Thursdays, **FREE!** New

**Adults in the Garden** (ages 18+ with disabilities): June 14 & June 28, 10-11:30 a.m.

**Children in the Garden** (ages 5-21 with disabilities): June 28, 6:30-8 p.m.

Freedom Park

Enjoy a wide variety of nature-influenced programs, offered in partnership with the Williamsburg Botanical Garden and led by Virginia Cooperative Extension Master Gardener Therapeutic Gardening volunteers. For details including course descriptions and registration, contact [arcingale@cox.net](mailto:arcingale@cox.net) or call 757-565-4712.

## Preschool Camps

### Mini-Doodlers Summer Camp (ages 3-5; must be potty-trained, **New**)

Monday-Thursday, June 18-21, 9-11 a.m.

\$65; \$60 for JC/W residents

James City County Recreation Center

Campers will have fun exploring art on different types of surfaces using various paints and common household items such as marbles, sponges and cotton balls to create their own masterpieces. 206190-A.

### Little Tykes Summer Camp (ages 3-5; must be potty-trained)

Mondays-Thursdays, June 25-Aug. 16, 8:30-11:30 a.m.

\$40-\$60/weekly

James City County Recreation Center

Activity stations, interactive stories and songs, music and movement, and themed related circle time and activities are featured! Sign up for single or multiple weeks.

## Youth/Teen Camps

### All About Me Camp (ages 5-8), **New**

Monday-Thursday, June 25-28, 9-11 a.m.

\$75; \$70 for JC/W residents

James City County Recreation Center

Through hands-on activities and craft projects, campers explore the five systems of the human body. 206190-D

## Youth/Teen Camps, con't

### **4-H Wildlife Explorers** (ages 9-13)

Monday-Friday, June 25-29, 9 a.m.-4 p.m.

\$115; \$110 for JC/W residents

Freedom Park

Spend the week learning about wildlife by building a forest in a jar, exploring an owl pellet and learning about water quality studying insects. Visit our parks to learn about adaptation, diversity, identification, habitats and more. Includes a field trip to the Virginia Living Museum. 806210-F

### **Team BOOK Creative Writing Camp** (ages 10-12), **New**

Monday-Thursday, June 18-21, 1-5 p.m.

\$95; \$90 for JC/W residents

Freedom Park

Get ready to read, write and create! Participants will team up to write a book using Boom Writer, an engaging website that blends creative writing and social media technology. Campers will also play a variety of games and other activities to help get their creative juices flowing! 206190-C

### **Bicycle Camp** (ages 11-14)

Monday-Thursday, June 25-28, 9 a.m.-3 p.m.

\$85; \$80 for JC/W residents

Learn safe bicycling skills for off-road trails, low-traffic roads and in local parks. Basic maintenance skills also taught. Participants must have a bicycle, helmet and basic riding ability. Bring water, a snack and lunch each day. Camp will meet at different locations daily. 306350-A

### **Cake Decorating Camp** (ages 13-17), **New**

Monday-Friday, June 25-29, 1:30-4:30 p.m. (no class June 26)

\$120; \$115 for JC/W residents

James City County Recreation Center

Campers will learn the basic skills needed to decorate cupcakes, brownies, cookies and cakes. Lessons include how to use fillings and to ice and decorate a cake. Campers will also learn about the different types of icing and basic tools used for decorating. There will be a best overall cake contest on the last day! Campers take home the treats daily! Please note any food allergies at time of registration. Camp fee includes all supplies. 206190-G

## Youth Classes & Programs

### **Kidz Clay** (ages 6-9)

Two Sessions: \$20/session; \$15 for JC/W residents

Tuesday, June 19, 9:30 a.m.-noon, 206060-A

Tuesday, June 26, 9:30 a.m.-noon, 206060-B

James City County Recreation Center

Make a mess, make some art, and make your mark... in clay! We'll hand build sculptural pieces and food-safe functional work that is also dishwasher and microwave safe. No experience needed. \$5 due to instructor at the beginning of each class day for materials. Work will be available for pick up after firing.

### **Basic Horse Care** (ages 7+)

Saturdays, June 2, June 16 & June 23, 4:30-5:30 p.m.

\$50; \$45 for JC/W residents

Stonehouse Stables, 2116-A Forge Road

Learn the basics of horse care with these hands-on classes. Grooming, nutrition, hoof and dental care, bathing, clipping and all aspects of proper care discussed. During the last class, you'll have the chance to ride one of our horses. 206107-A

## Youth Classes & Programs, con't

### Children's "Art in the Garden" (ages 7+), **FREE!**

Saturday, June 16, 9-10:30 a.m.

Freedom Park

Create a botanical portrait in watercolor or colored pencil. Students will learn to see the wonders of flora in the summer season. All materials provided. *Registration at [www.williamsburgbotanicalgarden.org](http://www.williamsburgbotanicalgarden.org).*

### Basic Canoe and Kayak Safety Clinic (ages 8+), **FREE! New**

Saturday, June 30, 9-11 a.m.

Chickahominy Riverfront Park (CRP)

Start the summer off right with a canoe and kayak safety clinic intended to teach basic water safety skills and beginner paddling strokes in the safety of the CRP pools. No equipment needed. Please wear appropriate clothing for swimming. 806103-A

### Bellydance Costume Workshop Series: Decorating and Embellishing (ages 13+)

Saturday, June 9, 1-4 p.m.

\$25 \$20 for JC/W residents

James City County Recreation Center

If you've attended previous workshops, please feel free to bring the pieces you want to decorate! Join us as we learn how to make and decorate various pieces of the bellydance costume. We'll discuss styles and fabrics and make patterns to fit your exact measurements. Bring a measuring tape, scissors, notebook and pencil. No previous sewing experience needed. 206070-B

### Mixed Media Art Journaling (ages 14-18)



Wednesdays, June 20-Aug. 29, 6-8 p.m. (no class July 4)

\$60; \$55 for JC/W residents

James City County Recreation Center

Create a virtual book of you by combining free thought and expression with the excitement and fun of learning innovative art techniques. At the end of the workshop, you'll have your own handmade journal, a chronicle to this point in your life. Crafters, scrapbookers, photographers and all interested in having creative fun will benefit from this workshop. Students provide own supplies; for the list call 757-849-3294. 206050-A

### Grandparent Adventures (all ages)

Sunday, June 10, 2-3 p.m.

\$15/child; \$10 for JC/W residents; Grandparents are FREE!

Chickahominy Riverfront Park

Share your knowledge, skills and time with your grandchild as you build traditions and memories. Topic: Sun Catchers, Wind Socks & Kites. 806107-A

## Sports Camps & Classes

### Tumble Tots (ages 3-5)

Saturdays, June 23-July 14, 9:30-10:15 a.m.

\$35; \$30 for JC/W residents

James City County Recreation Center

We'll have them head over heels for this class. Learn basic tumbling, motion skills and group cooperation through music and play. 506020-A



# Sports Camps & Classes, con't

## **Little Chippers & Little Drivers** (ages 5-10)

Saturdays, June 23-July 21 (no class July 6), 9-10 a.m.

Little Chippers/ages 5-7: 506080-A \* Little Drivers/ages 8-10: 506080-B

\$65/session; \$60 for JC/W residents

Williamsburg National Golf Course

These introductory golf classes teach etiquette and the essential skills including solid contact, driving, chipping and putting. A limited number of clubs will be available or you can bring your own. Remember to wear proper golf attire (no jeans or cut-offs) and shoes (no open toe). Please bring a reusable water bottle.

## **Sandlot Sluggers** (ages 6-9)

Wednesdays, June 6-27, 11-11:45 a.m.

\$35; \$30 for JC/W residents

James City County Recreation Center

Let's slide feet first into the dirt... and learn the extraordinary game of T-ball/coach pitch. Skills focus on throwing, catching, positions in field, base running and hitting taught through drills, games and relays. Class will be held outdoors, weather permitting. 506050-B

## **JCC & Virginia Legacy Recreational & Advanced Soccer Camp** (girls & boys 5-15), **New**

Half Day: Monday-Friday, June 25-29, 9 a.m.-noon, \$85

Full Day: Monday-Friday, June 25-29, 9 a.m.-5 p.m., \$145

James City County Recreation Center

This camp is designed to meet the needs of beginner, developmental, recreational and advanced soccer players. Campers will rotate daily activities indoors and outdoors as well as use the Recreation Center swimming pool! All participants receive a Nike Legacy Soccer Camp shirt and a Legacy soccer ball!

Registration will **only** be accepted through VA Legacy at [www.valegacysoccer.com](http://www.valegacysoccer.com) or call 757-253-VLSC (8572) for information. Cosponsors: JCC and the Virginia Legacy Soccer Club.

## **Tennis Camp** (ages 6-9)

Monday-Thursday, June 25-28, 8:30-11:30 a.m.

\$95; \$90 for JC/W residents

Jamestown High School

For players of all levels. Participants grouped according to ability to focus on instruction of serve, volley, stance, rules, sportsmanship, teamwork and etiquette. Fridays are makeup day, if needed. 506210-E

## **Ed Teer Golf Academy Summer Junior Golf Camp** (ages 10-14)

Monday-Thursday, June 18-21, 9 a.m.-noon

\$95; \$90 for JC/W residents

Williamsburg National Golf Course

Expert instruction on golf etiquette and essential skills including solid contact, driving, chipping and putting. A limited number of clubs available; we encourage you to bring your own. Please remember to wear proper golf attire (no jeans or cut-offs) and shoes (no open toe.) Please bring a reusable water bottle and light snacks for breaks. Fridays are makeup day, if needed. 506210-O

## **Beginner Pickleball Clinics** (ages 12+)

Tuesdays, Wednesdays & Saturdays, 8-11 a.m.

Mid County Park

Pickleball is a fast growing hybrid of tennis and badminton and is easy to learn, fun and can quickly develop into a fast paced, competitive game. An experienced Williamsburg Pickleball player provides a brief and fun instruction in rules, scoring and equipment, fundamentals of serving, volleying and then transition you into the game. Visit [www.usapa.org](http://www.usapa.org) for details on the sport or call Ted Hanson at 757-645-3629.

## Adults

### **Expressive Soul Painting** (ages 16+), **New**

Saturdays, June 30-August 4, 9:30 a.m.-noon

\$95; \$90 for JC/W residents

James City County Recreation Center

Learn to create expressive and soulful paintings freely and uninhibited using a variety of mediums and surfaces. This workshop is geared toward technique and developing your own style. It's a great workshop for everyone, even if you've never painted before. Students provide own supplies; for the list call 757-849-3294. 206050-B

### **Pottery & Sculpture Smorgasbord** (ages 16+)

Mondays, June 18-August 20, 10:30 a.m.-1 p.m.

\$115; \$110 for JC/W residents

James City County Recreation Center

Learn to turn raw clay into finished forms. Both hand building and the potter's wheel explored. Appropriate for students of any experience level. \$20 due to instructor during first class for one bag of clay and glazes for the session. Additional clay is \$20/bag. 206040-A. *For extra practice, sign up for Open Studio Time on Friday evenings or Sunday afternoons!*

### **Open Studio Time** (ages 16+)

Fridays, June 22-Aug. 24, 6-8 p.m.

Sundays, June 24-Aug. 26, 2-4 p.m., **New**

James City County Recreation Center

Practice can make the difference in how you progress in pottery. Uninstructed, this open studio time allows students to continue to work on pieces begun in class. Must be enrolled in current adult pottery class to register. No access to the kiln. Participants must check in at front desk upon arrival as well as sign-in in craft room. **Check out our new Sunday hours.** For pass options and fees, visit [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) or call 757-259-4200.

## Dance

### **Bellydance FUNdamentals** (ages 13+)

Mondays, June 4-25, 7-8 p.m.

\$30; \$25 for JC/W residents

James City County Recreation Center

Ever thought about learning to bellydance, but don't know where to start? Join us as we explore the techniques and concepts of bellydance. In each session we'll learn a new set of FUNdamentals that work together to create this unique style of dance! No previous dance experience required. 306540-A

### **Beyond Beginners Bellydance!** (ages 13+)

Thursdays, June 7-July 12, 6:30-7:30 p.m.

\$40; \$35 for JC/W residents

James City County Recreation Center

Time to put those bellydance steps you've learned to good use! Join us as we work our way through a new choreography in each session! Some classes will require veils or zills and they'll be available to borrow or purchase (additional fee). 306541-B

### **Shimmy Shakedown** (ages 13+)

Thursdays, June 7-28, 5:30-6:30 p.m.

\$30; \$25 for JC/W residents

James City County Recreation Center

Looking to dust off your shimmy? Never danced in a group format before? This class will form combinations from various bellydance steps to get you moving and features fitness elements necessary for a dancer. Come and join us for a unique dance fitness workout! 306541-A

## Dance, con't

### **Bellydance Social** (ages 13+)

Friday, June 15, 6-7:30 p.m.

\$10; \$5 for JC/W residents

James City County Recreation Center

Our monthly open floor dance time allows the chance to get your shimmy on, dancing with and for other students in a supportive, encouraging, and friendly atmosphere. Put your skills to use, come on out and enjoy an evening of bellydancing! 306542-A

### **Introduction to the Waltz** (ages 16+)

Tuesdays, June 12-July 24 (no class July 3), 6:30-7:30 p.m.

\$35; \$30 for JC/W residents

James City County Recreation Center

The tempo of the Waltz is slow and the steps are simple. Learn five basic Waltz steps and their use in a social dance setting. 306571-A

### **Introduction to the Foxtrot** (ages 16+)

Tuesdays, June 12-July 24 (no class July 3), 7:45-8:45 p.m.

\$35; \$30 for JC/W residents

James City County Recreation Center

This fun Ballroom dance can be done to a wide variety of slow to moderate tempo music. Learn five basic Foxtrot steps and how to combine them. 306572-A

### **Introduction to Cha-Cha-Cha** (ages 16+)

Wednesdays, June 13-July 11 (no class July 4), 7-8 p.m.

\$35; \$30 for JC/W residents

James City County Recreation Center

This fun and popular dance is done to a moderate to fast tempo Latin music. The Cha-Cha-Cha is simple to learn and gets your blood pumping, your hips moving and puts a smile on your face. Learn five basic Cha-Cha-Cha steps. 306573-A

### **Hustle & Meringue** (ages 16+)

Wednesdays, June 13-July 11 (no class July 4), 8-9 p.m.

\$35; \$30 for JC/W residents, 306574-A

James City County Recreation Center

The Hustle is easy, looks great, and can be done to today's contemporary music. The Meringue is a simple and fun to learn dance done to moderate to fast Latin tempo music. 306574-A

## Health/Wellness/Fitness

### **Basketball Technique** (ages 14+), **FREE! New**

Two sessions: Tuesday, June 19; 3:30-4 p.m., 306651-A or 4-4:30 p.m., 306651-B

James City County Recreation Center

Come ready to shoot! Using video and biomechanical principles, we'll analyze your shot and identify specific faults so you can improve your game. Open to youth and adults. Appointment time required. To register, call 757-259-4200.

### **Sunset Yoga** (ages 16+) **New**

Mondays, June 4-July 9, 7-8 p.m.

\$35; \$30 for JC/W residents

Jamestown Beach Park

Welcome spring and summer at Jamestown Beach Park! Practice Vinyasa Flow Yoga and Sun Salutations to restore, rejuvenate and relax. Please bring a towel and water bottle. 306731-A

## Health/Wellness/Fitness, **con't**

### **Knee Pain: Conservative (non-operative) & Post-surgical Options, **FREE!****

Tuesday, June 11, 6:30-7:30 p.m.

James City County Recreation Center

Want to play sports, take a stroll or just stand without pain, injections, drugs or surgery? We'll explain modern, conservative methods to care for your knees. 306241-A

### **Track Your Health/ Know Your Numbers, **FREE!****

Saturday, June 2, 9:30 a.m.-1 p.m.

James City County Recreation Center

Come in for a free health screening that includes Blood Pressure, Body Mass Index and non-fasting Cholesterol check. Then work towards improving your numbers with your doctor's advice, exercise and better eating.

**Adult Group Fitness Classes** (ages 13+). Get in shape or stay in shape with a wide variety of land and water based classes. Over 140 classes offered monthly! Professional instruction! Access requires either a combo pass or wristband. Class schedules and fees are posted online at [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) and at the James City County Recreation Center Front Desk.

### **Arthritis Foundation Exercise Program - Level I & Level II**

Level I is a chair-based, low-intensity class that promotes joint flexibility, muscular strength, endurance, coordination and range of motion. Level II is moderate intensity and is designed to enhance your cardiovascular conditioning, range of motion, flexibility, muscular strength, endurance and coordination. For class times, schedules and fees, stop by the James City County Recreation Center Front Desk or visit [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) or call 757-259-4200.

## Aquatics

### **Learn To Swim Programs**

Open registration held June 6-15. After you have successfully passed a class, you can register for the next level during this two-week open registration period. If you're unsure of your or your child's swimming needs or level, attend the FREE swim evaluations on Tuesday, June 12 or Wednesday, June 13, 4:30-6:30 p.m. at the James City County Recreation Center. For the complete list of aquatic programs and classes, visit [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) or call 757-259-4185.

**We're on the web - [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation)!**



Copies of the Spring/Summer 2012 Brochure (*left*) can be downloaded from [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation) or picked up at the Centers, the Satellite Services Office in Toano, Freedom Park and at the County and City libraries.

The brochure highlights summer camps and all Parks and Recreation programs, events and activities through September.

### **To Register for all programs:**

**Online:** [jamescitycountyva.gov/recreation](http://jamescitycountyva.gov/recreation)  
**Visit:** James City County Recreation Center, 5301 Longhill Road  
James River Community Center, 8901 Pocahontas Trail  
Satellite Services Office, 3127 Forge Road  
Freedom Park, 5537 Centerville Road  
**Phone:** Monday—Friday: 757-887-5810, 4-8 p.m.  
Weekends: 757-259-4200, 1-5 p.m.

JC/W = James City/  
Williamsburg resident

